

## Walter Brendel Center for Experimental Medicine Workshop on January 15 & 16, 2015

### “Team and Leadership” or “Leading a Team: the Role of the Leader”

Effective and inspirational leading creates an environment for the team to grow beyond what they think is possible and with that allows for hitting new grounds and advances in science. As leaders we have the opportunity to shape an environment that equips people to grow and develop to their full potential. To have a positive impact as leaders, we need to be aware of who we are as leaders and how best to support individual team members as well as the team as a whole.

**This two-day workshop will explore aspects of leadership and team development to help you prepare for a leadership role.**

First we dive into team development. As we will be coming together as a “group” of workshop participants, we will experience the dynamics of building a “team” first-hand. For this we will engage in various exercises and learn about some basic underlying concepts. Shifting from the team member role to a leadership role, we will explore your own preferred leadership style and infer what you can do to manage and inspire people. In the next step you will have a chance to apply tools around how to support your team as leaders. We will look at management tools available to the leader (including feedback, coaching, and leading discussions) and apply these in situations that are challenging for you.

Both days are highly interactive consisting of discussions, exercises and opportunities to practice and apply leadership tools using real-life examples.

**To make the most out of the two-day workshop for yourself and your peers, please prepare and bring along the following to the workshop:**

- Challenges you face as well as the successes you have or have had in the past whenever you found yourself in a position of leading (e.g. when supervising Master & Bachelor students or when leading teams in other contexts, such as e.g. sport teams).
- Please prepare concrete examples for each of your challenges and successes.

To ensure the effectiveness of the workshop, we will use these directly applicable examples when employing the various leadership tools.